SCALING LOCAL SUCCESS:

MHA Community Benefit Collaboratives

Michigan hospitals and health systems are committed to improving the health of communities across the state through a collaborative effort to expand impact. 20 hospitals are committed to improving outcomes in maternal health, behavioral health and chronic disease. Below is an update on collaborative efforts as of October 2026.

CHRONIC DISEASE COLLABORATIVE

(11 HOSPITALS)

- Distributed **5,838 food boxes, meals, or vouchers**.
- Held 29 nutrition education sessions.
- Conducted 20 food demonstrations.
- Hosted four grocery store tours.

BEHAVIORAL HEALTH COLLABORATIVE

(6 HOSPITALS)

- Established a second perinatal mood and anxiety program in Michigan.
- Launched four postpartum depression programs in rural communities.
- Completed **720 postpartum depression screenings**.
- Translated the *preventing post-partum* curriculum into Arabic.

MATERNAL HEALTH COLLABORATIVE

(3 HOSPITALS)

- Enrolled **203 individuals in enhanced group prenatal care programs**.
- Hosted 20 fathers in group prenatal care programs.
- Launched a group prenatal care program in a rural area.

"The collaboratives helped guide a project for senior leadership to understand, get behind and support."

— Community Benefit Collaborative Participant

PROGRAM SUCCESSES

Leveraging public and private partnerships.

Improving chronic disease outcomes.

Using technology to reach patients where they are.

Implementation of the collaboratives is supported by funding from the Michigan Health Endowment Fund. External evaluation is completed by Public Policy Associates. Those interested in getting involved are encouraged to contact Nadia Syed at nysed@mha.org.